Emanuel Hentes *PhD Candidate in Sociology*

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Last update: 12/02/2026

Education

MSc (Res) in Health Sciences (Biostatistics specialization),   08/2021 – 08/2023
Erasmus University Rotterdam   the Netherlands
Final thesis: Current practices in the analysis of multicenter observational studies – a methodological review and simulation study

BA in European Public Health, *Maastricht University*   08/2019 – 01/2020
Erasmus+ study mobility   the Netherlands

BA in Public Health, *Babes-Bolyai University*   10/2018 – 07/2021
Valedictorian distinction   Romania

Professional experience

Visiting student, *Oxford University*   04/2025 – 05/2025
Sponsor: Dr. Christiaan Monden

PhD Candidate in Sociology, *Utrecht University*   02/2024 – present
My research focuses on education and makes use of administrative data and quasi-experimental statistical methods to provide causal evidence. This PhD project is carried out as part of the larger EU-funded EFFEct project ⧉ (Enhancing Efficiency and Effectiveness in Education).

Supervisors: Dr. Deni Mazrekaj ⧉ (daily supervisor) and Prof. Dr. Tanja van der Lippe ⧉

Research assistant, *Department of Public Health, Babes-Bolyai University*   11/2023 – 10/2024
Project: Research on frailty syndrome

Responsabilities:
- Writing and data analysis

Data analyst, *Michigan State University (collaboration with Babes-Bolyai University)*   09/2021 – 06/2022
Project: Smoke-Free Together ⧉

Responsibilities:
- Cleaning and analysis of RCT data
- Monitoring and management of optimal scheduling for counseling sessions

Research intern,   2019 – 2021
Department of Public Health, Babes-Bolyai University; Cluj Cultural Center
I have worked on multiple projects where I was responsible for a wide range of roles, including literature review and writing, protocol development, data entry, analysis, and visualization.

Projects:
- Babies Born Better ⧉

- Impact of Artistic Interventions on Participants with Burnout ⧉
- Policy brief on the epidemiology workforce in Romania
- Grant proposal: "The eMaternity Randomized Controlled Trial – A mHealth lifestyle and educational intervention during pregnancy to improve behaviour and health outcomes related to nutrition and physical activity"
- Pilot project: Assessment of attitudes of medical students and health professionals towards alcoholic patients

Academic publications

Blaga, O. M., **Hentes, E.**, Ungureanu, M. I., & Forray, A. I. (2022). Predictors of planned caesarean section births in a sample of Romanian women. *The International Journal of Health Planning and Management*, 37(3), 1555–1565. https://doi.org/10.1002/hpm.3424 ⧉

Supervision/teaching

Thesis supervisor (BSc in Sociology)
2025 – Present
Utrecht University
I supervise students who are writing their Bachelor's theses, and I also act as a grader for submitted theses.

Lecturer & lab instructor – Methods and Statistics I course (MSc in Sociology and Social Research)
09/2025 – 11/2025
Utrecht University
I assisted students during computer lab sessions focused on using Stata and taught survival analysis. I also participated in the examination and grading process.

Lab instructor – Human network analysis course (MSc in Applied Data Science)
03/2025 – 04/2025
Utrecht University
I assisted students during computer lab sessions focused on using R.

Course instructor – Advanced Research Methods course (BA in Public Health)
10/2023 – 02/2024
Babes-Bolyai University
I taught the class and seminar for this third-year course focused on (among others) a review of basic study design and statistics, linear/logistics regression, (mis)interpretation of statistics, and presentation of results.

Conference presentations

Day of Sociology 2025
06/2025
Amsterdam, the Netherlands

ICS Spring Day
06/2025
Amsterdam, the Netherlands

10th LEER conference
04/2025
Leuven, Belgium

ICS Forum Day
12/2024
Nijmegen, the Netherlands

10th International Workshop on Efficiency in Education, Health and other Public Services
09/2024
Milan, Italy

Certificates

Epidemiologist A   09/2024
Registered with the Netherlands Epidemiological Society (VvE)

Skills

R, Stata, SPSS │ Microsoft 365, Tableau, Adobe InDesign │ Basic SQL, Basic Python

Scholarships

Scientific performance scholarship, *Babes-Bolyai University*   2020
Students were selected based on a research proposal they have sent. They received funding and had to conduct a research project, present their results at a scientific conference, send an article for publication in a peer-reviewed journal, and write a final report.

My research topic: *Trends in Cesarean Sections among Romanian Women: An Analysis of Repeated Cross-Sectional Data*

Miscellaneous publications

Article, *syntopic.ro*   2024
Despre știință și (dez)informare – reflecții de după pandemie [Romanian] ⬀

Article, *r-bloggers.com*   2023
How much weight do you need to lose to drop an inch off the waist? ⬀

Case study report, *art-wellbeing.eu*   2022
Impact of artistic interventions on participants with burnout ⬀

Article, *viata-medicala.ro*   2022
Homeopatia – încotro? [Romanian] ⬀

Article, *35mmc.com*   2022
The Benefits of (B&W) Polyester Film ⬀

Languages

English   **Romanian**
C1/C2   Native